North Central Recreational Soccer League

Modified Laws Fall 2023

    NCRSL Modified Laws may be modified by simple majority vote at the NCRSL meeting prior to each season.

    FIFA Laws governs all games with the following provisions:

1. All players must be registered with Indiana Soccer as Rec Plus, a signed roster will be provided to the NCRSL commissioner at the start of each season.
2. All teams must have a roster signed by the Club’s current board representative and kept by the coach and available to the referees at each game, if requested. Each Club is responsible for ensuring their rosters are accurate and true: Junior & Senior and Freshman & Sophomore teams may roster to 22 players, 7th & 8th grade teams may roster to 18 players, and 5th & 6th grade teams may roster to 14 players. Teams may use guest players from other NCRSL rosters during the regular season if needed, but players will only be allowed on one roster and to participate with one team for tournaments.
3. Teams will be formed on a first come first basis without tryouts and without cuts.
4. Players are required to play at least one half of every game unless suspended due to an ejection.
5. Any player who receives a red card ejection is also required to sit out the next game. Any violation of this rule will result in the suspension of the player and coach for the remainder of the season. It is the responsibility of the ejected player’s club to enforce this policy. Ejections must be reported to the NCRSL Commissioner within 24 hours.
6. Each player must have a matching jersey with a unique number on the back. The home team will change jerseys for uniforms with similar colors.
7. Players will play in their appropriate age group as determined at the NCRSL annual meeting.
8. Players may play up at any level according to Indiana Soccer guidelines.
9. If a team shows up with less than suggested number of players to play on the field during regular season games, the following applies:

a) The team with the fewer players may request that the other team play equal. It is their option to play equal sides.

b) The team with most players must then:

1) Loan the opposing team players, or

2) play down to the number of players on the opposing team.

1. The league will only track scores and standings for divisional match-ups and tournament seeding. There is no regular season championships, while we want the teams to be competitive, this is recreational league emphasizing personal and team development, fun, and sportsmanship.
2. Running up the score is considered un-sporting. If a team has a **6-goal advantage** the team is to take appropriate steps to control the ball and slow the game. Teams that "run up" the score may be dropped from the league.
3. Any problems with teams or individual players should be forwarded to the NCRSL Commissioner.
4. Match duration for league games will be according to the following with no overtimes or shots from the penalty mark for games ending in a tie, unless otherwise agreed upon by the clubs and coaches involved - then shots from the penalty mark may be used to determine the outcome of a game ending in a tie:

Division Halves for regular season

High School 40 minutes

7th & 8th Grade 35 minutes

5th & 6th Grade 30 minutes

1. Substitutions will be unlimited and may occur during the following:

- Before a throw-in in your favor, or when both teams are substituting on a throw-in.

- After a goal by either team.

- Before a goal kick by either team.

- At half-time or before the start of any overtime period.

- In case of injury or stoppage of play – with the referee’s permission.

- At the discretion of the Referee.

1. Co-ed teams must have 3 female players on the field at all times during game play. A team with less than 3 female players will play down one player; teams may not "play-down" if female players are available to play.
2. Teams failing to show for league games without 24 hour notice will be responsible for fees incurred from officials or other game related expenses.
3. Coaches are responsible for the conduct of their players, parents and spectators. Please help us make sure everyone has an enjoyable time and a great experience competing in the NCRSL. All players and coaches shall be on one side of the field opposite from the parents and spectators. Players and coaches shall remain on their own half of the sideline. No coaches or parents are permitted behind either goal.
4. Heading – In the interest of safety and compliance with state mandate, intentional heading will not be allowed in 5th & 6th grade matches. Intentionally heading the ball will result in an Indirect Free Kick awarded to the opposing team.
5. There will be NO slide tackling permitted during any NCRSL matches. If a slide tackle occurs, an Indirect Free Kick is awarded to the opposing team from where the infraction occurred. If there is severe/malicious/dangerous slide tackle, FIFA rules will apply for fouls/misconduct and Free Kicks.
6. Any yellow card issued to a player will require the player to be immediately substituted off of the field. The carded player may not return to the field to play for a period of approximately 5 minutes. The 5 minute timeframe is to be managed by one of the player’s coaches or a designated parent may assist in the event there is no assistant coach or other adult present on the team’s bench. AR1 (Assistant Referee along team bench) will monitor the time as- only a back-up. Full support & cooperation is expected by the coaches/adult designee for any carded offense and substitution of the player. If not the coach(es) may be subject to being carded, accordingly. The intent here is to give the player a few minutes to ‘cool down’ to help prevent further problems from arising. If a 2nd yellow card is issued to a player, FIFA rules will apply resulting in the player receiving a red card & the player is required to leave the vicinity of the field where the game is occurring, at least a couple of fields away to prevent further problems from arising.  They may not participate in the teams next scheduled game.