

# North Central Recreational Soccer League

## Modified Laws Spring 2025

NCRSL Modified Laws may be modified by simple majority vote at the NCRSL meeting prior to each season. The following clubs are participating in the Spring 2025 season: FC Pride, Glendale Soccer, Mudsock Youth Sports and Northside Soccer.

FIFA Laws governs all games with the following provisions:

1. All players must be registered with Indiana Soccer as Recreation Plus.
2. Each Club is responsible for ensuring team rosters are accurate and true.
3. Teams will be formed on a first come first basis without tryouts and without cuts. Teams in the U16/U19 divisions may roster up to 22 players; teams in the U14 division may roster up to 20 players; teams in the U12 division may roster up to 15 players. A requested exemption to this rule must be approved by each club at the NCRSL meeting prior to each season.
4. Teams may use guest players from other NCRSL rosters during the regular season if needed, but players will only be allowed on one roster and to participate with one team for tournaments.
5. Players are required to play at least one half of every game unless suspended due to an ejection.
6. Any player who receives a red card ejection is also required to miss the next game. Any violation of this rule will result in the suspension of the player and coach for the remainder of the season. It is the responsibility of the ejected player's club to enforce this policy. Ejections must be reported to the NCRSL Commissioner within 24 hours of the offense.
7. Each player must have a matching jersey with a unique number on the back. The home team will change jerseys for uniforms with similar colors.
8. Players will play in their appropriate age group as determined at the NCRSL annual meeting. A requested exemption to this rule shall be approved by each club.
9. Players may play up at any level according to Indiana Soccer guidelines.
10. If a team shows up with less than suggested number of players to play on the field during regular season games, the following applies:
  - a) The team with the fewer players may request that the other team play equal. It is their option to play equal sides.
  - b) The team with most players must then:
    - 1) Loan the opposing team players, or
    - 2) play down to the number of players on the opposing team.
11. The league will only track scores and standings for divisional match-ups and tournament seeding. There are no regular season championships, while we want the teams to be competitive, this is recreational league emphasizing personal and team development, fun, and sportsmanship.
12. Running up the score is considered un-sporting. If a team has a **5-goal advantage** the team is to take appropriate steps to control the ball and slow the game. In addition, teams losing by a five goal margin *may* add 1 player to the field following notification to the referee and the opposing team's head coach. The additional player *must* be removed from the field once the goal margin is reduced to four goals. Teams that "run up" the score may be dropped from the league.

13. Problems or concerns with league play should first be reported to the team's coach, then club representative to NCRSL, and eventually the NCRSL board. At no point should spectators approach a referee with anything other than "hello" or "thanks." This includes after the match with regards to decisions during the match. Any concerns should be brought to the team coach and/or club. Determinations of the referees are final and are not subject to review. It is expected that any coach interactions with referees will be positive in nature.

14. Match duration for league games will be according to the following with no overtimes or shots from the penalty mark for games ending in a tie, unless otherwise agreed upon by the clubs and coaches involved - then shots from the penalty mark may be used to determine the outcome of a game ending in a tie:

Division	Halves for regular season
U16/U19	40 minutes
U14	35 minutes
U12	30 minutes

15. Substitutions will be unlimited and may occur during the following:

- Before a throw-in in your favor, or when both teams are substituting on a throw-in.
- After a goal by either team.
- Before a goal kick by either team.
- At half-time or before the start of any overtime period.
- In case of injury or stoppage of play – with the referee's permission.
- At the discretion of the Referee.

16. There are no co-ed teams for the Spring 2025 season, however females will be allowed to play on a male team. Males are not allowed to play on the female teams.

17. Teams failing to show for league games without 24 hour notice will be responsible for fees incurred from officials or other game related expenses.

18. Coaches are responsible for the conduct of their players, parents and spectators, and for making sure everyone has an enjoyable time and a great experience competing in the NCRSL league.

19. All players and coaches shall be on one side of the field opposite from the parents and spectators. Players and coaches shall remain on their own half of the sideline. No coaches or parents are permitted behind either goal.

20. Heading – In the interest of safety and compliance with state mandate, intentional heading will not be allowed in U12 matches. Intentionally heading the ball will result in an Indirect Free Kick awarded to the opposing team.

21. There will be NO slide tackling permitted during any NCRSL matches. If a slide tackle occurs, an Indirect Free Kick is awarded to the opposing team from where the infraction occurred. If there is severe/malicious/dangerous slide tackle, FIFA rules will apply for fouls/misconduct and Free Kicks.

22. Any yellow card issued to a player will require the player to be immediately substituted off of the field. The carded player may not return to the field to play for a period of approximately 5 minutes. The 5 minute timeframe is to be managed by one of the player's coaches or a designated parent may assist in the event there is no assistant coach or other adult present on the team's bench. AR1 (Assistant Referee along team bench) will monitor the time as- only a back-up. Full support & cooperation is expected by the coaches/adult designee for any carded offense and substitution of the player. If not the coach(es) may be subject to being carded, accordingly. The intent here is to give the player a few minutes to 'cool down' to help prevent further

problems from arising. If a 2<sup>nd</sup> yellow card is issued to a player, FIFA rules will apply resulting in the player receiving a red card & the player is required to leave the vicinity of the field where the game is occurring, at least a couple of fields away to prevent further problems from arising. They may not participate in the teams next scheduled game.

23. Jewelry is NOT permitted to be worn by any player while they are playing in a game. This requires checking players for jewelry during team check-in. There is only one exception: a medical identification bracelet/necklace, with medical information may be worn. Otherwise, there are NO exceptions to this rule. The player may not play if they do not or cannot remove the jewelry. Earrings may NOT be taped, and earrings and piercings must be removed.
24. NCRSL follows Policy 531-9, Misconduct Toward Game Officials in Amateur Matches as adopted by U.S. Soccer Board of Directors on November 22, 2024. Here is the link to this Policy.

<https://cdn.sanity.io/files/oyf3dba6/production/5a0cc64f5d75b92a3981db254cc78c01f4406604.pdf>